

# 5K

START

1 MILE

Church

Tree Line

Rock

Flag Pole

GLENOAK

Coaches Hospitality

Packet Pick-Up

Team Camps

Bus / Team Parking

Team Camps

Spectator Parking

2 MILE

Practice Football Field

GLENOAK

EAGLES

Team Camps

Spectator Parking

GlenOak High School

Wet Lands

Tree

- First Mile - - - - -
- Second Mile - - - - -
- Third Mile - - - - -

**GlenOak High School  
Cross Country Course**

